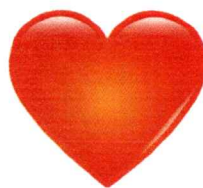


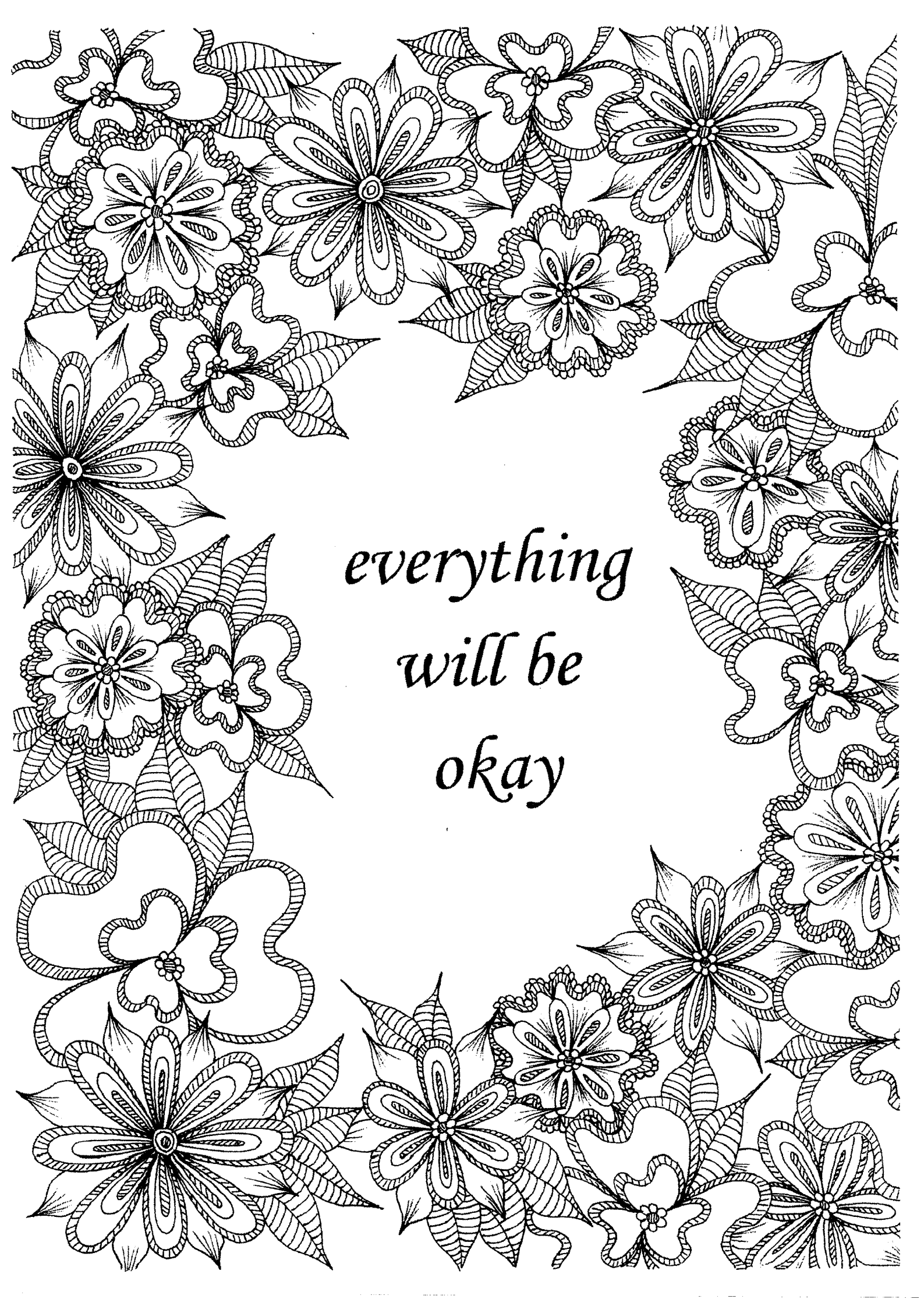


Here's a little pack of art activities for you.
We want to let you know we are thinking of you, and hope
this brightens your day.

We will be back at the cottage making art
together again soon.

From your friends at Artworks.





*everything
will be
okay*



DRAWING CHALLENGE

Hi everyone

Attached are 2 drawings by Leonardo da Vinci – Stravinski (famous composer) and a rooster. I have included a drawing of a dragon as well.

The challenge is to copy the drawings by placing them upside down next to a sheet of paper the same size (A4) and copy what you see. By doing it upside down, you'll only be looking at the shapes and angles of the lines rather than worrying about how good or not so good your drawing is turning out. I'm sure you will be pleasantly surprised at the result!

Post your finished drawings on our members facebook site:

<http://www.facebook.com/groups/230131318384657/>

Heather



STRAVINSKY by Picasso



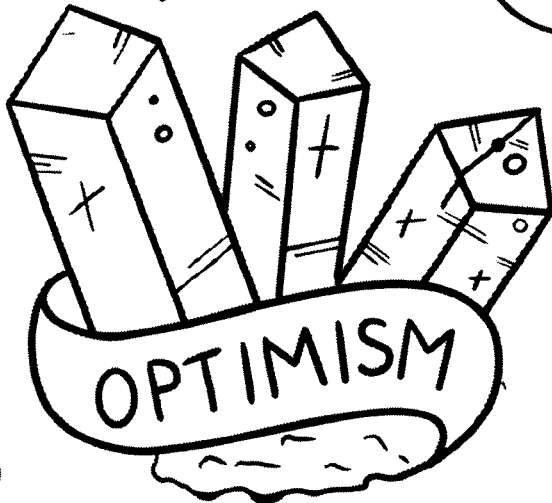
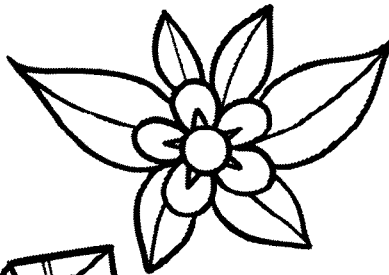
gettyimages

Dea / R. Bardazzi

151923209



CRYSTALS OF COURAGE
COLOURING SHEET



JUBLY-UMPH

I CANNOT CONTROL

(So, I can LET GO of these things.)

IF OTHERS FOLLOW THE RULES OF SOCIAL DISTANCING

THE AMOUNT OF TOILET PAPER AT THE STORE

ICAN CONTROL

(So, I will focus on these things.)

THE ACTIONS OF OTHERS

MY POSITIVE ATTITUDE

TURNING OFF THE NEWS

FINDING FUN THINGS TO DO AT HOME

HOW LONG THIS WILL LAST

HOW I FOLLOW CDC RECOMMENDATIONS

LIMITING MY SOCIAL MEDIA

MY OWN SOCIAL DISTANCING

MY KINDNESS & GRACE

PREDICTING WHAT WILL HAPPEN

HOW OTHERS REACT

OTHER PEOPLE'S MOTIVES



Clipart: Carrie Stephens Art
TheCounselingTeacher.com



Every hand that we don't shake
must become a phone call
that we place.

Every embrace that we avoid
must become a verbal expression
of warmth and concern.

Every inch and every foot
that we physically place between
ourselves and another,
must become a thought as to how
we might be of help to that
other, should the need arise.



Rabbi Yosef Kanefsky